



# The San Bernardino County Sheriff's Department

## 2019/2020 Lady Be Aware Course Dates

### (16years or older with guardian )

**Class Dates:** (1) 8 hour class

\*12/14  
\*1/25  
\*2/22    \*4/18  
\*3/28    \*4/25

**Time 8-5**

**Cost: \$75**

**Location: Sheriff's  
Department Training  
Center**

**18901 Institution  
Road  
Devore, CA 92407**

**What to Wear:**  
**Comfortable clothing**  
**No flip flops**

The Lady Be Aware Safety Course is specially designed for women who want to develop the necessary attitude, skills, and knowledge to help prevent them from becoming a victim.

The course is eight hours. The first portion of the training will be in the classroom and will cover basic ways to prevent you from being a victim. The second portion will cover weaponless defensive tactics and introduction to shooting.



**REGISTRATION:** To register email: [Ladybeaware@sbcasd.org](mailto:Ladybeaware@sbcasd.org) , **once registered ,**

**PAYMENT is due to hold seat** (We accept Credit cards, or Check to P.O. Box 9037

San Bernardino , CA 92427. We allow 1 time cancellations or a refund of your money.